

Sugar-free Lemon Biscuits

using IREKS MULTI CAKE SUGAR-FREE

IREKS MULTI CAKE SUGAR-FREE	1.000 kg
Whole egg	0.300 kg
<u>Lemon flavouring</u>	<u>0.020 kg</u>
Total weight	1.320 kg

Mixing time: 3 minutes

Baking temperature: 190° C, giving slight steam

Baking time: 14 – 16 minutes

Instructions for use: Mix all the ingredients until smooth to make all kinds of biscuits or pastry bases. Give slight steam and bake.

100 g lemon biscuits contain on average:

Energy	1152 kJ (274 kcal)
Fat	3.3 g
of which saturates	1.4 g
Carbohydrate	70.7 g
of which sugars	0.5 g
maltitol	37.8 g
Fibre	0.5 g
Protein	4.4 g
Salt	1.1 g

Sugar-free Lemon Biscuits:
with sweetener
excessive consumption may produce laxative effects



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